

Council On Alcohol And Substance Abuse Of Livingston County, Inc.

Faithfully serving the community since 1975

2007 Annual Report

Clinic and Administrative Offices

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Executive Director

The Council's mission is to provide quality, effective services in the areas of prevention, intervention and treatment of the disease of chemical dependency and abuse for individuals and their families.

CASA is committed to create a favorable service and treatment environment conducive to abstinence and recovery for patients voluntarily seeking services of all ages regardless of sex, race, creed, religion, color, sexual orientation, age, national origin, disability, and/or presumed HIV status.

Overview of Clinical Services:

The clinics are licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS) and provide a full range of outpatient services including: screening and assessment for substance use disorders; counseling for individuals and families; information, consultation and referrals; linkage to other community services.

The Council provides specialized services for adults, adolescents, elders, offenders and individuals with co-existing disorders.

Overview of Prevention and Education Services:

The Council offers a variety of programs and activities involving youth, adult, community institutions and organizations targeted at the prevention of substance abuse.

School Based:

Life Skills Training—elementary and middle school substance abuse curriculum gives student knowledge and skills to resist pro drug pressures.

Project Alert—middle school prevention curriculum that motivates students against use and establishes non-drug using norms; students are involved in role plays and model skills to resist peer pressure.

Reconnecting Youth—high school prevention program geared toward helping students improve academic achievement and decrease emotional distress and drug involvement.

Eckerd Drug Quiz Show—students use study materials and learning centers to gain information on drugs and life skills; the program closes with a regional competition where students compete in a game show format.

Girl Institute—Girls are invited to meet with a prevention educator in a small group setting to talk about personal issues and receive support and skills to deal with the pressures of school and home life.

Community Based:

Dime Carnival—The Dime Carnival is implemented for families and children for the purpose of providing a positive, fun activity. The Dime Carnival also gives us an opportunity to promote healthy and drug prevention messages and work with volunteers from the community that support our cause.

Environmental Prevention Strategy—Education and activities designed to improve compliance with existing policies, laws and regulations that have been shown to reduce the availability and consumption of drugs.

Parenting Wisely—Parenting Wisely is a science based, model program delivered on a CD-ROM. Parenting Wisely is brief, interactive and self paced program that allows parenting adults an opportunity to enhance skills. Participants view typical scenarios and learn how to tailor responses and manage their children's behaviors.

Other Programs:

Fresh Start—provides Case Management for youths who have abuse/addiction issues returning to the community from incarceration.

Drinking Driver Program—classes for drinking/driving offenders.

Drug Treatment Court—case management support for Treatment Court participants

Jail Mentoring—mentoring program for offenders in the Livingston County Jail.

Jail Support—alcohol and drug screening/education and support groups for Livingston County Jail inmates.

2007 Service Statistics

Units of Service

2007.....	12,780
2006.....	11,782
2005.....	11,153
2004.....	11,138
2003.....	9,601

Individual and Families Served 556

Clinical Services

	Total	Dansville	Geneseo
Pre-Assessment	295	139	156
Evaluations	568	237	331
Admissions	359	153	206
Female	103	45	58
Male	256	108	148
IND/Group	11,199	3,619	7,580
Clinic Visits	12,780	4,301	8,479

Primary Diagnosis

Alcohol Abuse/	60.1 %	54.9 %
Marijuana/Hashish	18.3 %	19.9 %
Heroin Abuse/Dependence	9.8 %	7.3 %
Cocaine Abuse/Dependence	2.6 %	7.8 %
Crack Abuse/Dependence	2.6 %	4.9 %
Opiate Abuse/Dependence	1.3 %	2.4 %
Oxycotin	5.2 %	2.4 %
Methadone	.0 %	.0 %
Inhalant	.0 %	.5 %
None	.0 %	.0 %

Age Distribution

12 to 15	2.6 %	2.9 %
16 to 18	7.8 %	5.3 %
19 to 21	14.4 %	16.0 %
22 to 25	15.0 %	16.0 %
26 to 35	22.2 %	23.3 %
36 to 45	19.6 %	18.0 %
46 to 55	15.7 %	15.0 %
56+	2.6 %	3.4 %

Livingston County Jail Services

	Inmates Served
Number of Groups	51
Total Group Attendance	975
Individual Sessions	211
Assessments	68

Prevention/Education Programs

	Session	Students Contacts	Adults Contacts	Literature
Project Alert	35	496	8	-
Small group sessions	64	246	3	-
Eckerd Drug Quiz	14	62	7	-
Red Ribbon	4	202	38	-
Education/presentations	16	102	51	13
Dime Carnival	5	811	322	275
Community Partnerships/ Health Promotion Events	6	410	27	142
Literature Distribution (CASA Clinics)	N/A	N/A	N/A	623
LivSmart Coalitions grps.	30	N/A	305	-
Reconnecting Youth	13	33	1	-
TOTAL	187	2,362	762	1,053

Drinking Driving Program (DDP)

	Total
Drivers Participating	246
Retained for treatment	67

Notable Achievements for 2007:

- In collaboration with the New York State Office of Alcoholism and Substance Abuse Services and community partners, CASA engaged in a comprehensive assessment of our existing prevention services in relation to community needs assessment data and revised our prevention priorities, including the redirection of staff resources to community-based and environmental prevention programming, including underage drinking initiatives.
- Prevention department rolled out two new programs: *Reconnecting Youth* and *Parenting Wisely* and established an Environmental Prevention Specialist position.
- Collaborated with Community Services Director and partners to develop a three year County Plan for Substance Abuse Services.

Goals for 2008:

- Establish a new home for Dansville Clinic and planning for relocation of Geneseo Clinic.
- Implementation of community based and environmental substance abuse prevention strategies in collaboration with our community partners, including the Healthy Communities That Care Initiative.
- Implement mass media campaign to address underage drinking.
- Assessment and planning for the development of supportive and transitional housing for individual and families recovering from addictions and other emotional and social problems.
- Implementation of electronic clinical record keeping system to improve the delivery and efficiency of clinical services.