

Council On Alcohol And Substance Abuse

Of Livingston County, Inc.

Clinic and Administrative Offices

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Faithfully serving the community since 1975

2006 Annual Report

The Council's mission is to provide quality, effective services in the areas of prevention, intervention and treatment of the disease of chemical dependency and abuse for individuals and their families.

CASA is committed to create a favorable service and treatment environment conducive to abstinence and recovery for patients voluntarily seeking services of all ages regardless of sex, race, creed, religion, color, sexual orientation, age, national origin, disability, and/or presumed HIV status.

Overview of Clinical Services:

Treatment Clinics: The clinics are licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS) and provide a full range of outpatient services including: screening and assessment for substance use disorders; counseling for individuals and families; information, consultation and referrals; linkage to other community services.

The Council provides specialized services for adults, adolescents, elders, offenders and individuals with co-existing disorders.

Overview of Prevention and Education Services:

The Council offers a variety of programs and activities involving youth, adult, community institutions and organizations targeted at the prevention of substance abuse.

School Based:

Life Skills Training—elementary and middle school substance abuse curriculum gives student knowledge and skills to resist pro drug pressures.

Project Alert—a middle school prevention curriculum that motivates students against use and establishes non-drug using norms; students are involved in role plays and model skills to resist peer pressure.

Reconnecting Youth—a high school prevention program geared toward helping schools increase school achievement and decrease emotional distress and drug involvement.

Eckerd Drug Quiz Show—students use study materials and learning centers to gain information on drugs and life skills; the programs closes with a competition that students are able to participate with other students in the region in a game show format.

Girl Institute—Girls are invited to meet with a prevention educator, in a small group setting, to talk about personal issues and receive support and skills to deal with the pressures of school and home life.

Community Based:

Alcohol Awareness Program (ABC)—a 4-session class designed to increase participants' awareness of the risk and consequences of underage drinking.

Dime Carnival—The Dime Carnival is implemented for families and children for the purpose of providing a positive, fun activity. The Dime Carnival also gives us an opportunity to promote healthy and drug prevention messages and work with volunteers from the community that support our cause.

LivSmart—A prevention effort to network and provide better linkages for chemical dependency and prevention services.

Other Programs:

Fresh Start—provides Case Management for youths who have abuse/addiction issues returning to the community from incarceration.

Drinking Driver Program—classes for drinking/driving offenders.

Drug Treatment Court—case management support for Treatment Court participants

Jail Ministry—mentoring program for offenders in the Livingston County Jail.

2006 Service Statistics

Units of Service

2006.....	11,782
2005	11,153
2004	11,138
2003	9,601
2002	8,828
2001	6,376

Clinical Services

	Total	Dansville	Geneseo
Pre-Assessment	279	164	115
Evaluations	338	129	209
Admissions	349	144	205
Female	109	43	66
Male	240	101	139
IND/Group	11,165	3,937	7,228
Clinic Visits	11,782	4,230	7,552

Diagnosis

Alcohol Abuse/Dependence	75.0 %	61.5 %
Marijuana/Hashish	11.8 %	17.6 %
Heroin Abuse/Dependence	6.3 %	8.8 %
Cocaine Abuse/Dependence	2.8 %	5.9 %
Crack Abuse/Dependence	1.4 %	4.9 %
Opiate Abuse/Dependence	.7 %	0 %
Oxycotin	.7 %	.5 %
Methadone	.7 %	0 %
None	.7 %	1.0 %

Age Distribution

18 and under	6.9 %	10.2 %
19 to 20	10.4 %	9.3 %
21 to 25	21.5 %	24.9 %
26 to 35	16.0 %	18.5 %
36 to 45	25.7 %	22.0 %
46 to 55	16.0 %	10.7 %
56 and older	3.5 %	4.4 %

Livingston County Jail Services

Inmates Served

Number of Groups

50

Total Group Attendance	763
Individual Sessions	174
Evaluations	42

Prevention/Education Programs

	Sess.	Students	Adults	Literature
Project Alert	37	560	10	
Girls Institute	22	96	7	
Eckerd Drug Quiz	6	25	10	
Red Ribbon (classroom)	4	86	7	90
(Creative contests)	N/A	285	8	
Education/presentations	37	269	92	
Collaboration Educ/pres	4	54	15	164
Dime Carnival	2	523	296	
Health/Wellness Fairs	2	70	28	45
Other Carnivals	2	139	106	31
Lobby literature	N/A	N/A	N/A	1,100
LivSmart	135		2159	
TOTAL	251	2,107	2,738	1,430

Notable Achievements for 2006:

- Implementation of the Family Treatment Court in collaboration with Livingston County Family Court, Department of Social Services and the Office of Probation.
- Participation on the Advisory Committee of the Community Partnership for Kids (COMPAK) to enhance collaboration between schools and treatment services.
- Collaboration with the Council of Churches to start a mentoring program for offenders in the Livingston County Jail.

Goals for 2007:

- Enhanced collaboration with the Healthy Communities That Care Initiative and the county to effectively target and maximize the ???? at prevention services.
- A new home for our Dansville Clinic.
- Enhanced services for individuals with co-existing mental health disorders.